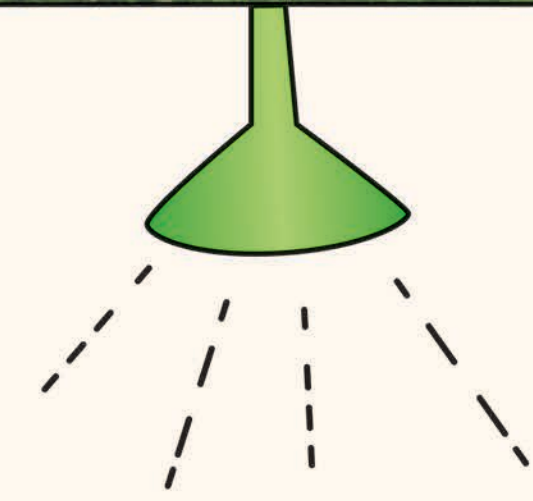


YOUR DAILY LIFE AND PALM OIL



KEEPING YOU CLEAN

Many popular soap, shampoo, conditioner and toothpaste products contain palm oil.



YOUR MORNING ROUTINE

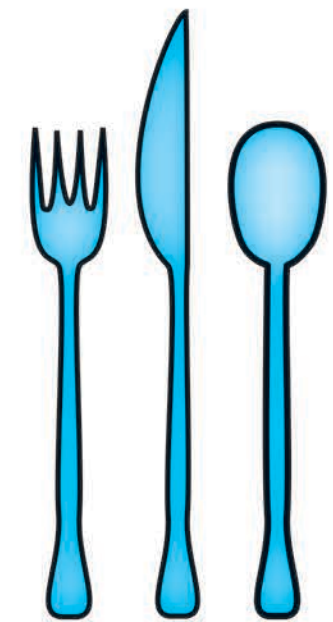
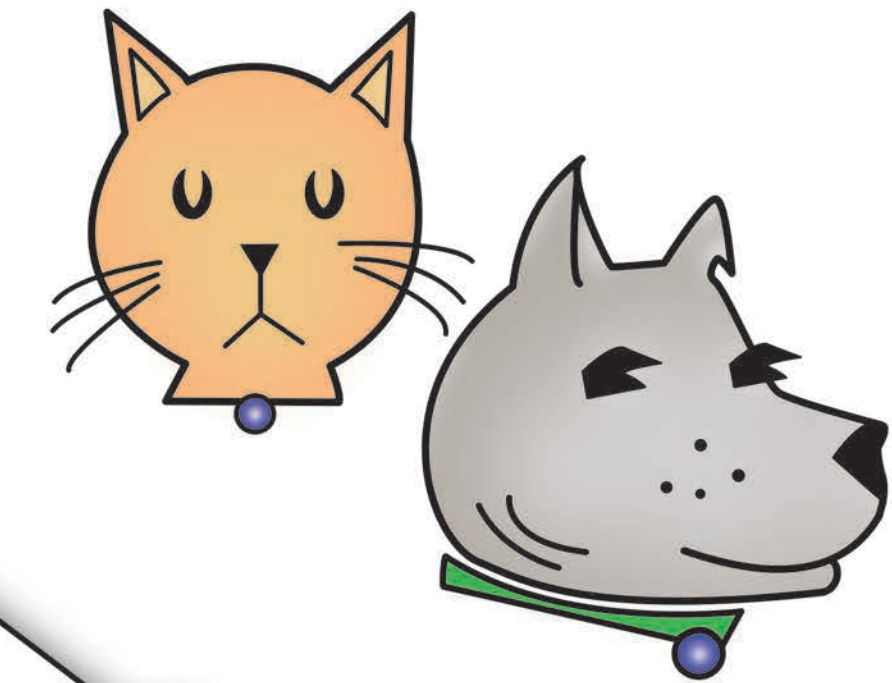
The foods you eat for breakfast, like oatmeal, cereal, donuts and cereal bars, can all contain palm oil.

TAKING A LUNCH BREAK

Whether it's a frozen meal, a side of fries or a late-afternoon candy bar, many of the foods you eat for lunch contain palm oil.



Even the products used for pet care often contain palm oil derivatives.



WHAT'S FOR DINNER?

From the oil and sauce you cook with to the pizza you bake, palm oil can be found in your kitchen – even in the desserts you enjoy!

WHAT'S A DERIVATIVE?

This is a product created by processing palm oil. The products you buy may contain one of more than 50 derivatives without "palm oil" in the name.



WASHING UP

Many household cleaning items, such as dish soap and laundry detergent, contain some form of palm oil.

WHAT YOU CAN DO!

Download Cheyenne Mountain Zoo's palm oil app and use it when you shop!